

East African Community Center, dba KULAN CENTER



Investing in community health and empowering immigrant families and at-risk youth

Community Health: East African Community Center, dba Kulan Center is a nonprofit 501(c)(3) organization based in the Twin Cities. Kulan Center aims to establish and manage programs that build and foster a healthy community, confront racial health inequities, and provide personal and family wellbeing. At the community level, Kulan Center has addressed specific cases of COVID-19 and its impact on unemployment, evictions, and access to quality healthcare by raising funds for affected persons and helping them secure available part-time or full-time jobs. Through other outreach and engagement efforts, we connect immigrant and refugee populations who have limited access to primary care and/or job opportunities to available resources and information.

At-risk Youth: Kulan Center uses Multiple Approach to Community Health (MATCH) to address the core issues affecting the East African youth in the Twin Cities. Kulan Center sets realistic goals and objectives and stands to provide training and tools that will promote economic self-sufficiency and create an atmosphere of *peer support, coaching, and mentoring* within the diverse communities. Group collaboration and pairing are used to practice these growth strategies.

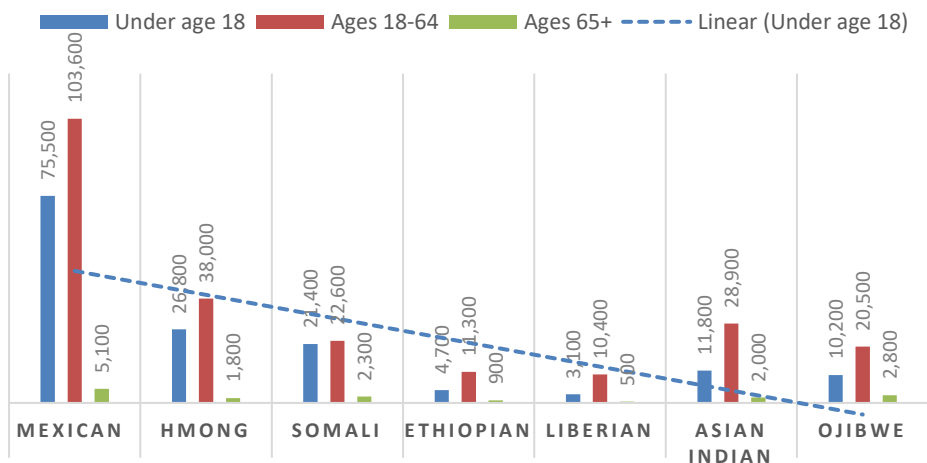
Target Population: Approximately 48,000 to 60,000 people of East African origin live in the Twin cities and near suburban areas; they face significant socio-economic barriers that increase disparities in health outcomes.

Based on a study by Minnesota State Demographic Center, half or more of the population among Somali and Hmong Minnesotans is under the age of 21.



Kulan Center's vision is to build a multi-purpose center focused on innovative solutions that address community issues and development.

MINNESOTA'S CULTURAL GROUPS, BY AGE GROUP



Source of the data: Minnesota State Demographic Center (2016)